

CC's Nursery

A PLACE TO SHINE

CC's Nursery
St Michael at Bowes Park,
Palmerston Road,
N22 8QX

Dear Parents/Carers

Thank you for considering CC's Nursery for your child. We are a family nursery offering places to children from 3 months to 5 years old. We recognise that choosing the right childcare for your little ones is one of the most important decisions you will make as a parent and so we are very pleased that you have decided to entrust your child with us. The right setting will nurture your child's uniqueness and help them develop into a happy, confident individual.

CC's Nursery has been operating for more than 10 years, providing an exciting and nurturing environment where children learn through play and by experience.

We believe that every child deserves the best possible start in life and CC's nursery has been carefully designed to that all children's needs are met, in a safe, secure, and comfortable environment with a positive and creative atmosphere. At our nursery every child matter and we aim to support all children to reach their full potential. CC's Nursery is a very inclusive setting that welcomes all children from all countries and nationalities.

We always promote positive relationships between parents/ carers and the nursery staff, respecting and valuing parents' views as the prime carer of their child and involving them in all discussions about their children's progress.

We are committed to safeguarding and promoting the welfare of children and young people and expect all staff and volunteers to share this commitment.

We hope you find the information in this prospectus useful. If you have any further questions, please don't hesitate to contact us.

We look forward to welcoming you and your child to CC's Nursery .

Kind regards

Maria Papachristou

Nursery Manager

Our Visions and Values

At CC's children are at the heart of everything we do and parent's and families' involvement are of the utmost importance.

Positive, caring relationships based on trust and respect, are at the heart of our philosophy.

We aim to provide a welcoming, happy, caring, secure and stimulating learning environment for all children, enable them to develop their capabilities as successful learners, confident individuals, responsible citizens and effective contributors to society and to help all children to prepare for the future.

We respect that each child is different and unique, that brings lot to our nursery. We recognise that children pass through **clearly** defined stages of development but we also appreciate that each child is different and may take less, or more, time to fulfill any particular stage. Our philosophy is one that puts children first and respects them as individuals.

Our nursery staff will recognise every stage of development. With their professional observational skills, they will be able to step in and support children at any moment, using strategies that encourage a broader level of understanding.

All activities will be multi-cultural and offered to children in a way that is fun. Play is valued as the prime means of learning, in which all children are able to take part equally. A record of development will be kept for each child. This helps staff to plan for each child and to identify specific needs.

Opening Hours and Daily Routines

The nursery is open Monday to Friday, 8:00 am to 6:00 pm all year except two weeks at the end of August, one week on Christmas and one week on Easter.

A DAY IN CATERPILLARS' ROOM

8:00 – 9:00	Breakfast time
9:00 – 9:15	Circle time
9:15 – 9:45	Garden Time
9:45 – 10:15	Care routines (nappies)
10:15 – 10:30	Snack time
10:30 – 11:00	Planned group activities
11:00 – 11:40.	Outdoor play
11:40 – 12:15	Lunch time
12:30 – 2:00	Nap time
2:00 – 2:30	Free play .
2:30 – 3:00 :	Care Routines (nappies)
3:00 – 3: 30 :	Key group activities
3:30 – 4:00	Tea time
4:00	Nappy check
4:15 – 5:00	Outdoor play
5:15 – 5:30 :	Snack time
5:30 – 6:00	Goodbye song / home time

A DAY IN BUTTERFLIES' ROOM

8:00 – 9:00 Breakfast time

9:00 – 9:30 Circle time: This is part of the daily routine when all the children and staff meet together to do action rhymes, sing songs, exchange news and have stories.

9:30 – 10:15 Morning activities : The children are encouraged to choose what they want to play with and plan what they would like to work in the nursery.

10:15 – 10:30 Snack time: children are having a free flow snack time, meaning they can choose if they want to have snack or continue with their play.

10:30 – 11:00 Care routines (nappies/ toileting)

11:00 – 12:00. Outdoor play : Children can go in the garden and choose from a variety of activities such as obstacle courses, sand and water play, construction, mark making muddy kitchen.

12:00 – 12:30 Lunch time

12:30 – 2:00 Nap time / Calm play/ Sensory boxes / busy bags: at this time most of the children are having their naps. Those who do not go to sleep they choose to read a story or have an exploring activity.

2:00 – 3:15. Afternoon activities, school time: This is the time of the day when children have free play and their school time. While the older ones learning their phonics the little ones are making their silly soup with sounds and play sound songs.

2:30 – 3:00 : Care Routines (nappies/toileting)

3:15 – 3: 45 : Tea time

3:45 – 4:15 : Extracurricular activities

4:15 – 4:45 : Calm activities / yoga time

4:45 – 5:30 : Outdoor play

5:15 –5:30 Snack time / Care Routines

5:30 – 6:00 Good bye song/ tidy up

Applying for a place

To apply for a place at our Nursery you can complete a copy of our application form from our website or the one attached at the end of this booklet, and either email it to us or pop it in by hand.

How our sign up works:

If you were interested in signing up with CC's Nursery, there is £70 registration fee which is to secure your child's space for your chosen days. Once the registration fee is paid we will send over a full registration pack which includes your contract, permission forms, registration forms, etc. Closer to the time we will start to arrange settling in sessions.

How does the settling in process work at the nursery?

At CC's, we offer parents 3 settling in sessions as standard, but more can be requested if needed. The first session usually lasts for about an hour, and we would ask you to stay with your child. The first session is about you and your child getting used to the nursery environment and getting to know the staff team who will be working with your child.

Settling in sessions are an opportunity for us to learn more about your child and what their interests and needs are. This allows our staff to understand how best to support them, during their time at nursery. We find this makes the settling in process much easier for both parents and children.

The remaining sessions tend to be longer to support your child in getting used to the nursery environment for extended periods of time. During these sessions, we would ask that you try to leave your child for as long as possible so that they become comfortable with being separated from you. Parents are welcome to keep in touch as often as they need to during this process, as we understand that separation can be difficult for you as well as your child.

How should I prepare for my child's first day at nursery alone?

It's a good idea to pack a bag full of essentials to help with your child's first day. Bring a spare change of clothes for messy play activities. Plenty of nappies (if needed) and maybe a comforter. A comforter could be a dummy, teddy bear or blanket from home. We also find that family photos help some children feel calmer and give them something to talk about. If your child is old enough, then it's good idea to talk to them beforehand about what is going to happen. Explain that you'll be dropping them off to the nursery, what they will be getting up to and when you're coming to collect them.

Our Philosophy

We believe:

- That children learn through experience, and that is why we make sure all children at CC's have the chance to experience in a stimulating environment that gives them the opportunity to trial new things and challenges them .
- How children learn is as important as what they learn, and that developing positive learning behaviours in Nursery will benefit them as lifelong learners
- That parents are the first educators and that partnership with parents is essential to promote learning as a shared experience.
- That nursery should be motivating, stimulating, enjoyable and accessible to all. It is an environment, which is safe, non-judgemental and allows individuals to flourish
- That children should have first-hand experiences and opportunities to handle real objects and experience real situations.
- That children should be able to make choices and take responsibility for their own learning and should be encouraged to act independently
- That children need time to be together, and to be alone, to interact with other children and adults, to build self-esteem and self- confidence and become aware of others' feelings. They need to be praised and to develop a positive attitude to learning
- That as adults our key role is to be alongside children, co-constructing their learning with them, supporting them to explore and pursue their own interests and enquiries

Our Curriculum

'Play is the only way the highest intelligence of humankind can

unfold.' Joseph Chilton Pearce

We strongly believe that children learn best through play. We aim to provide planned, purposeful play experiences under the areas of learning in the Early Years Foundation Stage (EYFS) guidance. We try to make Nursery as much fun as possible and include visits, visitors and dressing up days to do so.

All of the children enjoy continuous access to the large and well-resourced indoor and outdoor play areas throughout their sessions. We value parents' contributions so please tell us what your child has been playing with at home so we can use this information in our planning. We carefully plan our environment and activities based on the children's development and learning needs and to ensure they cover the EYFS curriculum.

Our Indoor Space

Our indoor spaces are carefully planned to support children in becoming independent and enthusiastic learners across all areas of the Early Years Foundation Stage curriculum. We strive to create warm, welcoming and engaging spaces that encourage communication and collaboration, inspiring children to explore their own ideas and share them with adults and other children.

Our resources are open-ended and aim to provide children with real life experiences; they are organised so that children can access them independently and play freely, building resilience and confidence.

Our Outdoor Space

Children at the setting have continuous access to our wonderful large outdoor area, which includes a mud kitchen, a vegetable patch, a tree swing, construction area, literacy and mark making area, a book nook and a sensory den. We also have plenty of space to run, play and explore. We provide opportunities for children to learn in all areas outside too.

Our Extra Curricular

Both Rooms have extracurricular activities throughout the week, please have a look in some of them and their benefits to children's development.

Cooking Classes

Encouraging children to cook is a great way to improve their healthy eating habits, but in addition to this there are a whole host of benefits that come from children learning to cook.

Teaching children to cook will help them to become aware of hazards in the kitchen. By spotting the hazards together and deciding how we can avoid potential accidents, children will internalise these lessons and remember how to stay safe whilst having fun cooking.

Cooking helps to develop a child's planning and time management skills. They will be able to clearly see and reap the rewards of keeping to a plan and strict time schedule.

Cooking requires hands on use of a variety of maths concepts, including weight and measurement. Even when using a recipe, your child may need to vary the volumes depending on how many people will be enjoying their culinary delights.

Following a recipe will also give children a meaningful reading comprehension exercise.

Whilst it is important that children learn to follow instructions, cooking can also nurture a child's creativity and teach them the importance of good presentation.

Yoga classes

Yoga is not only a fun activity but one that could have a real impact on child development. Yoga for kids can help to promote their physical strength as they learn to use their muscles in new ways. Different poses challenge different muscle groups and help each child to become aware of their body and the way it functions.

By practising different poses, your children will be encouraged to clear their mind and focus on the movement or technique in practice. Working on a single focus will develop their concentration, which can have positive repercussions in other areas of their development too.

By exercising the physical body and calming the mind, your children will develop a sound mind-body connection. Yoga teaches children to persevere, be patient, and work towards achieving more. As we mentioned earlier, mastering a pose can offer a huge boost to both their confidence and self-esteem as well.

French Lessons

Learning a second language early in life enhances overall cognitive skills and improves brain development. Studies have shown repeatedly that foreign language learning increases critical thinking skills, creativity, problem-solving skills, and flexibility of mind in young children.

Music and Dance

It helps the body and the mind work together. Exposing children to music during early development helps them learn the sounds and meanings of words. Dancing to music helps children build motor skills while allowing them to practice self-expression. For children and adults, music helps strengthen memory skills.

Makaton Lesson

Makaton isn't quite a language — it's a language *system*. This means that it's still based on standard English. What makes it special is that it adds hand signs and illustrated symbols on top of spoken English, to give a visual component to our communication.

Signs – Makaton's main feature is its vocabulary of hand signs, which you do while you're talking — almost like subtitles for real life. Unlike British Sign Language, which has its own sentence structure and grammar rules, Makaton's gestures are simpler to do, and follow standard English sentence structure. This is part of what makes Makaton useful for language learning, as the signs you learn transfer directly over to spoken English.

Makaton isn't meant to replace standard spoken English, and it doesn't slow down the rate at which you learn it. Rather, Makaton provides some helpful stepping stones on that language learning journey, and gives everybody the tools to join in the conversation.

How Makaton helps young children learn language skills.

As babies, we learn how to communicate through gestures before we can speak. Just think about how a baby stretches their arms out to you when they want to be held, or points toward an object they'd like to learn more about.

Infants and toddlers are good at gesturing, which is why Makaton's hand signs are a natural stepping stone for early language learners.

And especially when children are just beginning to build their language skills, Makaton offers them a wider set of tools to be able to express their needs and interests.

How children learn Makaton at CC's

- Sign of the week

Each week we build gradually our Makaton's knowledge by adding one new sign.

- Nursery rhymes

Having a singalong makes everything more fun! It also helps children see how they can fit Makaton into concepts they already know.

- Use of Makaton at snack time

Food and drink are wonderful motivators, and children can easily repeat these signs throughout the day. Common words like "yes", "no" or "more", please and thank you.

Menu

At CC's we take pride in our food credentials and what we serve children in nursery. Our nursery menus are nutritionally balanced paying special attention to reducing salt and sugar, with our no sugar policy.

We're constantly evolving the way we create our menus, and we regularly take on board feedback from children, parents, and staff in order to help us develop dishes that meet the needs of all of the children in our care. Our menus often include many childhood favourites with an added healthy twist, ensuring children receive the correct nutritional balance they need, without even realising it. We like to support and encourage eating well within the nursery but also at home - why not try some of our delicious recipes with your child or read our tips and advice on promoting healthy eating habits.

Prices :

Opening Hours : Monday-Friday: 8am-6pm 48 weeks

Nursery is closed one week during Christmas holidays, one week during Easter holidays and two last weeks of August.

Session Times and Prices

Full Day Care (8am-6pm)	£69.00
Morning Session (8am-1pm)	£49.00
Afternoon Session (1pm-6pm)	£49.00

As CC's nursery is also a pre-school, we welcome children who are entitled to their 15/30 hours a week government funding to take their sessions here. We also accept any other help and support you may be entitled to.

Click [here](#) to see what support you may be entitled to.

We are happy to say that the majority of our custom is from referrals. We have a referral program whereby if an existing parent recommends us to somebody else and they join the nursery we offer £50 off of your next invoice.

Click [here](#) for our pre-registration form

Contact us:

Telephone number: 0208 8881 3339

Email: office@ccsnursery.co.uk

Website: <http://www.ccsnursery.co.uk>